Dr. Farooq, MD (Pakistan)

Dr Farooq Rathore is working as a consultant and Head of Department at the Rehabilitation Medicine department, PNS Shifa hospital, Karachi, Pakistan. He is also faculty member of Bahria University Medical and Dental College, Karachi as an Assistant Professor. He graduated from Army Medical College, Rawalpindi in 2001 with honors in Biochemistry and Pharmacology. After completing his residency training at the Armed Forces Institute of Rehabilitation Medicine, he qualified diploma in Medical Rehabilitation in 2007 and cleared exit fellow ship exam of College of Physician and Surgeons of Pakistan in the discipline of Rehabilitation Medicine in 2009.

Dr Farooq is an active researcher with 90 national and international publications including three book chapters and 23 original research articles. He has been an invited and plenary speaker in national and international conferences and also chaired and co-chaired the scientific sessions. He was awarded Ibne – Sina Silver medal in recognition of outstanding original research work presented at the Pakistan Institute of Medical Sciences, Islamabad Annual symposium 2007. He won ISPRM young Investigators award 2009 (Istanbul, Turkey), Travel grants of 4000 USD from Emerging Nations Science Foundation (Italy), Young Physician's Scholarship for the 7th World Stroke Congress (Seoul, Korea), Research productivity Award 2010 ,2011 and 2012 (Pakistan Council for Science) , AuthorAID mentor of the year 2014 award and Gold medal for best oral presentation at the 2nd International CCME conference, UHS, Lahore.

In 2011 Dr Farooq was awarded 25,000 USD scholarship by Pakistan Armed Forces to Undergo on Job Training in the USA (Rusk Institute of Rehabilitation Medicine, NYU, NY and Kessler Rehabilitation, West Orange, NJ). He is passionate about teaching research writing and has conducted 40 workshop on different aspects of medical writing all around Pakistan since March 2014.

Dr Farooq serves as a peer reviewer for eight national and international medical journals. He is the country coordinator for Transverse Myelitis Association (USA), International Rehabilitation Forum (USA) and Asian Spinal Cord Network (ASCoN); executive board member of the International Rehabilitation Forum, Asia-Oceanian Society of PMR and Pakistan Society of Neuro-Rehabilitation. He was elected as the first and only active individual member of the ISPRM Assembly of Delegates from Pakistan in Aug 2010 and at present the only Pakistani member of ISPRM Disaster Relief and Rehabilitation committee.

His areas of interest and research are spinal cord injuries, stroke rehabilitation, amputee management, disaster rehabilitation and pediatric disabilities.