



## Europass Curriculum Vitae

### Personal information

First name(s) / Surname(s) **Filippo Recenti**  
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Nationality Italy  
Date of birth 08/01/1996  
Gender Male

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### Occupational field **Physiotherapy, Research & Biostatistics**

#### Work experience

Dates	February 2020- to date
Occupation or position held	Physiotherapist
Main activities and responsibilities	Assessment and treatment of musculoskeletal conditions
Name and address of employer	Almaphysio, Via Pietro Panzeri, 6, 20123 Milan (MI)
Type of business or sector	Private physiotherapy clinic
Dates	October 2021 – to date
Occupation or position held	Research Collaborator
Main activities and responsibilities	Research projects: - "Riabilitazione della disabilità di origine muscoloscheletrica" - "Cochrane Rehabilitation - la metodologia della ricerca in riabilitazione"
Name and address of employer	Fondazione Don Gnocchi, IRCCS "Santa Maria Nascente" Fondazione Don Carlo Gnocchi, Via Alfonso Capocelatro 66 20148 Milano
Type of business or sector	Hospital and Research Institute

#### Education and training

Dates	October 2016 - November 2015
Title of qualification awarded	Bachelor's degree in Physiotherapy
Principal subjects/occupational skills covered	Physiotherapist
Name and type of organisation providing education and training	University of Genova
Level in national or international classification	Bachelor (3 years)
Dates	October 2020 – to date
Title of qualification awarded	Master of Science in Biostatistics

Principal subjects/occupational skills covered | Health research methodology and biostatistics

Name and type of organisation providing education and training | University of Milano-Bicocca

Level in national or international classification | Master (2 years)

**Extracurricular Education**

- 2018 - General principles of EBM in physiotherapy (Giulio Barbero, Pietra Ligure)
- 2019 - Exercise and Health (Ann Gates, Member of the World Heart Federation Emerging Leaders Programme)
- Musculoskeletal Clinical Translation Framework (Tim Mitchell, Darren Beales, Helen Slater, Peter O'Sullivan; by Curtin University)
- Cognitive Behavioural Skills to treat back pain: the Back Skills Training (BeST) programme (University of Oxford)
- IRC Certification BLS Course for Healthcare Professionals (Ospedale Santa Corona, Pietra Ligure)
- 2020 - Metodologia della ricerca clinica nelle aziende sanitarie (Università degli studi di Modena e Reggio Emilia)

**Personal skills and competences**

Mother tongue(s) | Italian

Other language(s)

Self-assessment  
European level (\*)

**Language**

**Language**

		Understanding		Speaking				Writing	
		Listening	Reading	Spoken interaction		Spoken production			
EN	B2		B2		B2		B2		B2
ES	A2		A2		A2		A2		A2

(\*) [Common European Framework of Reference for Languages](http://www.cerl.eu)

Experience in the rehabilitation of neurological, cardiorespiratory and musculoskeletal disorders in geriatric or adult patients in teamwork with doctors, occupational therapists, speech therapists, nurses, psychologists and other health professionals.  
Particular importance is given to assessment based on International Classification of Functioning, Disability and Health (ICF) by WHO and to best current Evidence-Based treatments.

Curricular and extracurricular studies are focused on improving skills in the patient care according to the bio-psycho-social approach (WHO 2002), on the process of Evidence-Based Practice and the research methodology.