

VANESSA YOUNG

EDUCATION

- 2021** M.S. Psychology, Arizona State University, Overall GPA: 4.00
2018 B.A. Psychology, *Summa Cum Laude*, Oregon State University, Overall GPA: 3.98
2016 A.A. Psychology, Northwest Vista College, Overall GPA: 4.00
2016 A.A. Liberal Arts, Northwest Vista College, Overall GPA: 4.00

GRADUATE ASSISTANTSHIPS

Graduate Assistant to the Director, **May 2020 – May 2021**
Online Immersion and Diversity, Dr. Hita
Arizona State University, Arizona

- Assessed diversity, inclusion, and equity (DEI) efforts at universities
- Piloted thematic analysis with NVivo evaluating DEI in online learning environments/curricula
- First author of poster proposal on DEI at APA conference
- Led the renovation of the Teaching Club Hub in Canvas
- Spearheaded COVID-specific self-care module for faculty and assistants
- Composed the presentation for new online programs that were accepted for inclusion

Graduate Teaching Assistant, **Aug 2019 – May 2020**
Arizona State University, Arizona
Courses: Research Methods; Adv. Research Methods; Adv. Developmental Psychology

- Graded assignments, papers, class participation, and exams
- Delivered feedback and tutored students on research methods
- Monitored the community forum
- Assisted with management of course webpage and Canvas learning management system

TEACHING EXPERIENCE

Faculty Associate, **August 2021 – Present**
Arizona State University, Arizona

- Courses:** PSY 101 Introduction to Psychology; SBS 300 Careers in Psychology
- Development of a syllabus reflective of a global classroom and student-centered approach
 - Creation of course content including test banks and video lectures
 - Training and mentoring of course assistants
 - Implementation of platforms and applications that encourage students' engagement and success
 - Data Analytics

RESEARCH EXPERIENCE

Special Project Collaborator,
Cochrane Rehabilitation Field, Italy

April 2021 – Present

- Attend advisory board meetings concerning evidence-based practices, person-centered care, and operationalization of rehabilitation services and methodological approaches
- Conduct reviews and meta analyses in the context of cognitive and physical rehabilitation
- Cochrane International Mobility Program Liaison at Cochrane Rehabilitation
- Support the development of workshops on EMB and research methodology in rehabilitation

Research Trainee,
Cochrane Rehabilitation Field, Italy

Aug 2020 – April 2021

- Attended training on Cochrane systematic review methodologies
- Contribute to writing and editing the protocol for a rapid review on PTSD
- Selected articles for inclusion, extracted and tabulated data, matched interventions and outcomes for statistical analysis

Research Assistant, Traumatic Brain Injury Lab
Landstuhl Regional Medical Center, Germany

Aug 2018 – Sept 2020

- Successfully conducted Brain Injury Beliefs research project from protocol to manuscript publication
- Co-wrote the survey, and recruited more than 900 survey respondents in less than 30 days
- Tabulated survey answers and conducted thematic analysis
- Co-planned Brain Injury Awareness Month campaign

PROFESSIONAL EXPERIENCE

Psychology Practicum Student,
Traumatic Brain Injury & Rehab Center, Germany

May 2020 – Sept 2020

- Observed clinical interviewing and differential diagnosis processes
- Performed risk assessments and placed referrals
- Gained familiarity with sensory, perceptual and visual field assessments.
- Participated in weekly interdisciplinary meetings to develop treatment plans

Neuropsychometrist, Red Cross Volunteer,
Landstuhl Regional Medical Center, Germany

Apr 2019 – Oct 2020

- Performed triage mental status evaluations in outpatient clinic
- Administrated and scored psychological and neuropsychological tests to more than 200 patients
- Prepared written case history, patient files, and initial interpretation of assessments

- Supported the referral process to appropriate treatment providers and/or support groups
- Maintained testing material inventory and placed orders as needed
- Trained volunteers or students transitioning into the role

Emergency Therapeutic Childcare Intern,

Jan 2018 – June 2018

Amara Puts Kids First, WA

- Facilitated intake and discharge of children, partnering with state caseworkers
- Provided Trauma Informed Interventions and facilitated fostering of coping skills
- Observed and monitored children's behaviors and emotional responses

PRESENTATIONS

Young, V. & Hita, L. (August, 2021). *T.I.D.E.: A system to foster culturally responsive curricula in the global online classroom*. American Psychological Association 2021 Conference, Virtual.

Jorgensen-Wagers, K., **Young, V.**, Collins, D., Chavez, B., Lenski, D., & Khokhar, B. (August, 2019). *Brain injury beliefs and influences study*. Military Health System Research Symposium (MHSRS), Kissimmee, FL.

PUBLICATIONS

Jorgensen-Wagers, K., **Young, V.**, Collins, D., Chavez, B., Lenski, D., & Khokhar, B. (2021). Brain injury: What influences the belief U.S. service members have about reporting and seeking care? *Military Medicine Supplement* 186(1), 546-551. <https://doi.org/10.1093/milmed/usaa410>

Jorgensen-Wagers, K., & **Young, V.** (2019, February 28). Did you know: March is brain injury awareness month? *Kaiserslautern American*. Retrieved from <https://www.kaiserslauternamerican.com/did-you-know-march-is-brain-injury-awareness-month/>

ONGOING PROJECTS

Cochrane Rehabilitation Field

August 2020 – Sept 2021

CRD42020219933 Prospero

Effectiveness of non-pharmacological interventions for post-traumatic stress disorder (PTSD) during clinical rehabilitation: A rapid review.

Cochrane Rehabilitation Field

August 2021 – Dec 2021

An Overview of Cochrane Systematic reviews for the rehabilitation interventions in persons with TBI to develop the WHO Package of Interventions for Rehabilitation (PIR).

SERVICE

Journal Reviewing

Poster Proposal Reviewer, <i>APA Division 45</i>	2021
Manuscript Reviewer, <i>Military Medicine</i>	2020 – Present
Protocol and Manuscript Reviewer, <i>Cochrane</i>	2020 – Present

Social and Community Services Crisis

Counselor, Crisis Text Line	2020 – Present
Student Volunteer, Department of Social and Health Services, WA	2017 – 2018
Spouse & Family Mentorship, 361 RCS, United States Air Force	2016 – 2018
Recreational Services, U.S. Embassy, Nairobi, Kenya	2013 – 2014
Volunteer, Heshima Children's Centre in Kenya	2013
Volunteer, Global Village – <i>Madagascar</i> Habitat for Humanity	2013

HONORS, AWARDS & RECOGNITIONS

Unsung Hero Award, American Red Cross	2019
Alpha Sigma Lambda Honor Society	2018
Psi Chi, The International Honor Society in Psychology	2017
Honor Roll, College of Liberal Arts, Oregon State University	2016 – 2018
Honor Roll, College of Social Sciences, Northwest Vista College	2014 – 2016

PROFESSIONAL AFFILIATIONS

Student Affiliate: American Psychological Association – Div. 40, 45, 22-2

Member: Cochrane

LANGUAGES

Italian (native)
English (fluent)
Spanish (conversant)

OTHER TRAINING

Independent Applying the Quality Matters Rubric on Online and Blended Courses	2021
Military Acute Concussion Evaluation-2 (MACE 2), DVBIC	2021
PTSD: Diagnostic Issues and Management, Texas Tech University	2019
Revised Common Rule, Citi Program	2019 – 2021
IRB – Social & Behavioral Research	2021 – 2025