

Alex is a Senior Research Fellow within the Scottish Government funded Nursing, Midwifery and Allied Health Profession (NMAHP) Research Unit. Alex has particular expertise relating to systematic reviews of complex interventions, leading methodological work, completing and supporting systematic reviews across the research unit.

She is an Associate Editor with Cochrane Stroke and an author on 11 Cochrane systematic reviews and 2 Cochrane overviews. She has published work relating to the use of GRADE in overviews, and instigated and co-leads an international GRADE overviews project group. Alex has an active interest in public involvement in research, and has led and contributed to a number of research prioritisation projects, including two with the James Lind Alliance (JLA).

She leads the ACTIVE project, funded by Cochrane Training, aimed at supporting review authors have meaningful involvement of patients and the public in systematic reviews. Alex originally qualified as a Physiotherapist before completing her PhD in which she carried out a small randomised controlled trial exploring the effectiveness of different approaches to physiotherapy for people with stroke.