



### Cochrane Rehabilitation Ebook: a knowledge translation vehicle for rehabilitation

**Joel Pollet, PT** WCPT Congress 2019 13/05/2019

https://rehabilitation.cochrane.org/

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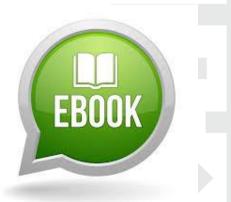
### **Cochrane Rehabilitation**

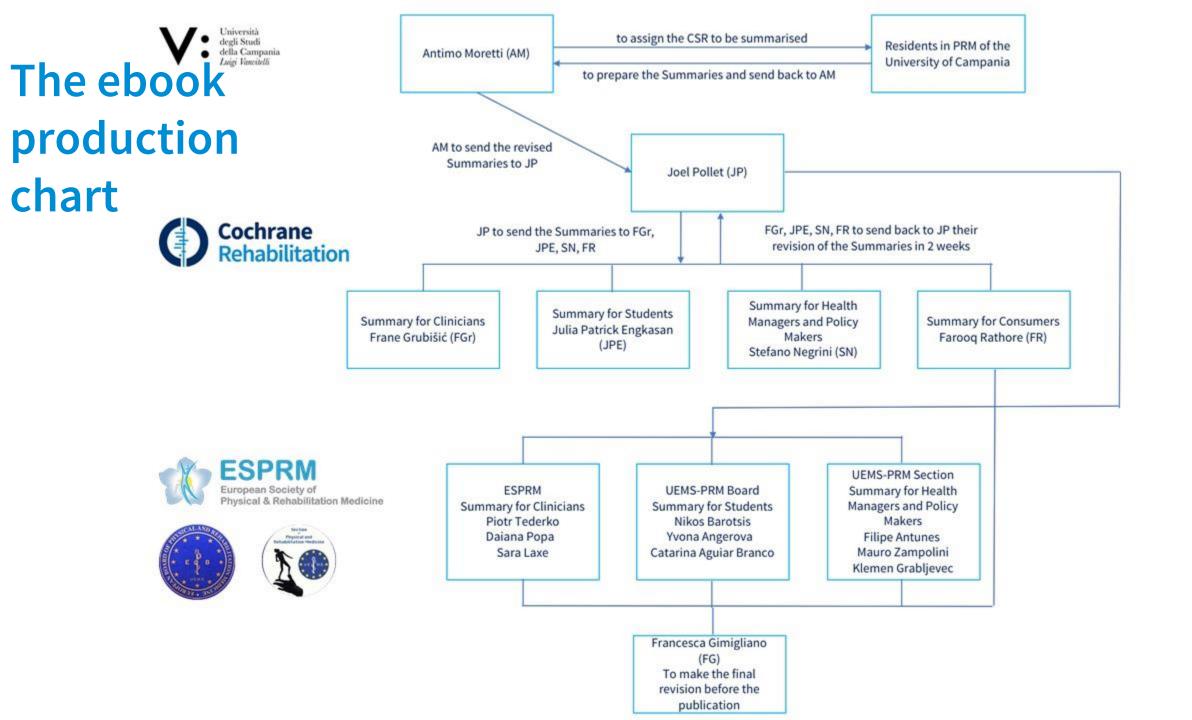
Launched in December 2016 is a Cochrane Field.

It's a multidisciplinary team composed by 5 committees and an headquarters team, with different aims and responsibilities.

The principal aim of the field is knowledge translation.

The production of an ebook fits perfectly with this aim, as it provides synthetic and easy-to-use messages on the best evidences available (Cochrane Systematic review







## **Rehabilitation Review selection**

Is performed by the Reviews Commitee, one of the 5 commitees of Cochrane Rehabilitation.

'Taggs' the Cochrane reviews relevant for the Rehabilitation field 894 Cochrane reviews have been tagged from 1996 to Agust 2018. The process is still ongoing to constantly update the results.

Preliminary results of this process have just been published:

Magnus Levack WM, Rathore FA, Pollet J, Negrini S. One in 11 Cochrane reviews are on rehabilitation interventions, according to pragmatic inclusion criteria developed by Cochrane Rehabilitation. Arch Phys Med Rehabil. 2019 Mar 1. → C 🏻 https://ebook-rehabilitation.cochrane.org/electromechanical-assisted-training-walking-after-stroke





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### Electromechanical-assisted training for walking after stroke

Reference	Reference: Mehrholz J, Thomas S, Werner C, Kugler J, Pohl M, Elsner B. Electromechanical-assisted training for walking after stroke. Cochrane Database of Systematic Reviews 2017, Issue 5. Art. No.: CD006185. DOI: 10.1002/14651858.CD006185.pub4 🖆 Authors: Mehrholz J, Thomas S, Werner C, Kugler J, Pohl M, Elsner B		
Abstract			
Plain language summary			
Summary for clinicians			
Summary for students	Group: Cochrane Stroke Group		
Summary for health managers			
Summary for consumers			

#### Diseases:

2. Neurological > 2.3 Cerebrovascular Disorders2. Neurological > 2.8 Spasticity

#### Interventions:

Rehabilitation in general

Exercises

Physical modalities

Assistive technologies

Technological interventions

### More like this

Stretch for the treatment and prevention of contractures Repetitive task training for improving functional ability after stroke Interventions for treating anxiety after stroke



## Numbers reached and to reach

Our aim is to create summaries on 320 Cochrane reviews.

At the moment we have finalised 52 summaries.

We are working on another package of 46 summaries.

We are working to implement the production and reach the goal in March 2020.

The ebook will be free available for all and will be a useful tool to spread certified evidence in a fast and practice way!





# Thank you!

Founding: The whole project has been founded by the European Bodies of PRM (UEMS-PRM Board and Section, ESPRM and EARM).

Acknowledgements: The residents of the University of Campania 'Luigi Vanvitelli' who wrote all the summaries.

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