



Nuria E. Melián Cruz graduated in Medicine at the University of Las Palmas de

Gran Canaria (ULPGC, Spain 2009). During her degree studies, she was awarded with a

research scholarship to collaborate on the PREDIMED project and other studies under

the framework of the European Network of Excellence EURRECA. In 2012, she

graduated as a Physical Medicine and Rehabilitation (PM&R) at University Hospital Fundación Alcorcón (Madrid, Spain). Her career has been highly motivated by best evidence in clinical practice; has a master degree in Public Health and Epidemiology and has participated in local networking for national evidence in Rehabilitation. She is currently working as a physician PM&R at University Hospital Fundación Jiménez Díaz, Madrid.