

Sanobe Naz is a registered Physiotherapist with over 5 years of clinical experience having graduated with a degree in Physical Therapy from Liaquat National School of Physiotherapy, Pakistan. His clinical practise involves a combination of manual therapy, muscle/motor control retraining and specific exercise prescription. Having worked in a variety of settings: hospital based physiotherapy, outpatient orthopaedic clinics, surgery, medicine, and oncology, he brings a multifaceted perspective to treatment. he also has a history of working with people with complex musculoskeletal conditions, athletes, and people post fracture and post surgery. He has provided services for children with a variety of neurological, genetic and movement disorders. He has worked with children and adults in a variety of settings including early intervention, acute care, and outpatient rehabilitation. He is a Clinical Instructor and mentor to current physical therapy students. Dedicated to continuing his education and evolving his skills, he consistently thrives to evolve my practice by merging the most current, evidence based literature with a holistic approach. He is passionate about his work and takes pride in connecting with his patients as they embark on their healing journeys.