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Prof. Ilieva is a Professor in Physical and Rehabilitation Medicine (PRM).
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Head of the Department of PRM at the University Hospital “Sv. Georgi”, Plovdiv, Bulgaria.

After graduating with a master’s degree in Medicine at the Medical University of Plovdiv in 1990, she specialized in PRM and was certified as a specialist in PRM in 1997. Fellow of the European Board of PRM 2008-2018. She has a Master’s degree in Health Management.

Prof. Ilieva became a full academy professor in 2013. She was head of the Chair of PRM at the Medical University of Plovdiv, Bulgaria, Vice Dean of Medical Faculty /till 2024/.

Prof Ilieva is Director of Programmes for postgraduate and undergraduate education in PRM of medical students and PRM trainees, physiotherapists, nurses and of PhD students. She has been President of the National Board for examination and certification of medical doctors in PRM since 2012.

She was General Secretary of the European Society of Physical and Rehabilitation Medicine (ESPRM, 2007-2015) . Now Prof Ilieva is Chair of the Special Interest Scientific Committee in Shock wave therapy to ESPRM, member of SISC of New Technologies and Robotic Rehabilitation to ESPRM.

Prof Ilieva is a member of the European Academy of Rehabilitation Medicine.

She is a delegate to the PRM Section and Board to UEMS, National Manager of Bulgaria. Prof. Ilieva was deputy secretary of the Professional Practice Committee of PRM Section.

She is one of the eight founding members of Cochrane Rehabilitation and she was member of the Executive committee, as a co-chair of the Educational Working area, what after the first lustrum became the advisory committee.

Prof. Ilieva was President of the Bulgarian National Society of PRM and Chief-editor of the Bulgarian Journal in PRM.

Her fields of research are: musculoskeletal disorders: osteoarthritis, joint replacement; extracorporeal shock wave therapy; neurological rehabilitation: stroke, cerebral palsy, spasticity. She has over 100 scientific publications, three monographs, co-author of 7 textbooks.