

# CURRICULUM VITAE - brief

## Jorge Láins

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Date of birth: 24/Dec/1957



## Occupation

- 2025 → Chair - Department of Rehabilitation Centre for the Central Region of Portugal – Coimbra Local Health Unit
- 2025 → Director - Rehabilitation Centre for the Central Region – Rovisco Pais
- 2020 → APPACDM - Associação Portuguesa de Pais e Amigos do Cidadão Deficiente Mental, Figueira da Foz
- 2020 → Professor (invited), Faculty of Medicine, Coimbra University
- 2010 → European Trainer in Physical and Rehabilitation Medicine
- 2008 → Rehabilitation Centre for the Central Region of Portugal – Rovisco Pais
- 2006 → 2019 Professor (invited), Medical Dentistry School – Catholic University
- 2001 → ABPG – Associação Beneficência Popular Gouveia – Head PRM Department
- 1992 → PRM tutor - residents

## Education / Appointments

- 2025 → President – European Academy of Rehabilitation Medicine (EARM)
- 2023 → Honorary Member of the European Society Physical and Rehabilitation Medicine (ESPRM)
- 2022 → 2025 Vice-president (president elected) – European Academy of Rehabilitation Medicine (EARM)
- 2021 → Medal of technical and scientific merit of the city of Figueira da Foz
- 2017 → Honorary Professor - Nanjing Medical University
- 2017 → Honorary Member of the Sociedade Ibérica de Biomecânica MFR (SIBRehab)
- 2016 → 2018 National Leader of the InSCI –International Spinal Cord Injury Survey (InSCI)
- 2016 → Member of the European Academy of Rehabilitation Medicine
- 2015 → Senior Consultant of PRM
- 2015 → Advisory Board - Applied Research Institute of the Polytechnic Institute of Coimbra
- 2015 → Corresponding Member – Japanese Association Rehabilitation Medicine (JARM)
- 2014 → Co-investigator and member of the International Advisory Board of *SWORD Health*
- 2012/3 Member of the Board in Advanced Sciences and Technologies in Rehabilitation Medicine and Sports, Tor Vergata University of Rome
- 2010 → European Trainer in Physical and Rehabilitation Medicine
- 2008 → Honorary Member of the Società Italiana di Medicina Fisica e Riabilitazione (SIMFER)
- 2006/7 → Member of the Board in Advanced Sciences and Technologies in Rehabilitation Medicine and Sports, Tor Vergata University of Rome
- 2005 → European PRM Specialist
- 1996 → Consultant of PRM
- 1990 → Specialist, Physical Medicine and Rehabilitation (PRM)
- 1990 → Ranguel University Hospital; PRM Scholarship
- 1990 → Paul Dottin's Functional Re-adaptation Centre; PRM Scholarship
- 1990 → Climatologist/ Hydrologist; Oporto University
- 1981 → MD; Coimbra University

## Medical Positions

Rehabilitation Centre for the Central Region of Portugal – Rovisco Pais (CMRRC-RP)

- 2025 → Chair - Department of Rehabilitation Centre for the Central Region of Portugal – Coimbra Local Health Unit
- 2025 → Director - Rehabilitation Centre for the Central Region – Rovisco Pais
- 2022 → 2025 Head of the Physical and Rehabilitation Medicine Department
- 2014 → 2020 Deputy of the Medical Director
- 2014 → Head of the Research and Innovation Department
- 2011 → Head, *Continuum of Care Unit* - CMRRC-RP (60 beds)
- 2008 → Head of the Medical Education Department
- 2008 → 2022 Head of the Outpatients Rehabilitation Department

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ABPG – Associação Beneficência Popular Gouveia – PRM Department  
2001 → Medical Director

## **Congress and Conferences president/chairman**

- National congresses and courses - 29
- 6<sup>th</sup> Mediterranean Congress of the Mediterranean Forum PRM – Algarve 2006
- 7<sup>th</sup> World Congress on Brain Injury – IBIA – Lisbon 2008
- 20<sup>th</sup> European Congress PRM – Estoril/Lisbon, 2016
- 16<sup>th</sup> ISPRM World Congress – Lisbon, 2022

## **Lectures**

More than 480 National; more than 180 International Congresses

## **Memberships**

- President – European Academy of Rehabilitation Medicine (EARM)
- ISPRM
  - Past-president– International Society PRM (2018-20)
  - Chair of the Congress Committee (2023→)
  - Co-chair of the Statutes Committee (2020→)
- Past-president - Mediterranean Forum PRM
- Past-president – Portuguese Society PRM (SPMFR) - (2007-13)
- Honorary Board member - Mediterranean Forum PRM
- President - General Assembly of the Portuguese PRM Society (2013 →2024)
- Member of the European Academy of Rehabilitation Medicine

## **Publications**

International – more than 70; National – more than 130

57 references on PubMed, April 2025: <https://pubmed.ncbi.nlm.nih.gov/?term=Lains+J&sort=date&size=200>

Coimbra, April 2025

