

Beatrice Efua Amoke Sankah

As a physiotherapy academic with 12 years of experience and a researcher for 7 years, she is keen on advancing physiotherapy education, clinical practice, and research in Musculoskeletal (MSK) health globally, particularly in Africa due to knowledge gaps within the region. This motivation led to her doctoral studies to advance her knowledge and build her research capacity, thereby supporting global efforts to advance MSK health and rehabilitation. As an expert in evidence-based practice, she is passionate about promoting evidence-based rehabilitation globally, with a focus on lower-middle-income countries (LMICs). This passion led to the creation of the Evidence-based Practice Research Group and other initiatives within the Ghana Physiotherapy Association, marking the first of its kind in Ghana.