

Dr. Luz Helena Lugo is a Titular Professor and Chair of Health Rehabilitation Group at the University of Antioquia. She is a Physical Medicine and Rehabilitation doctor and MSc Clinical Epidemiologic .

She was past president of Colombian Association of Physical and Rehabilitation Medicine between 2008-2010 and is active member of Latin American Association of PM&R (AMLAR). She was a Chair of the ISPRM Community Based Rehabilitation Subcommittee and now is a member of this society.

She is the teacher of the Clinical Practice Guides course in the Clinical Epidemiology Mastership and she is the coordinator of the research courses in the PM&R postgraduate program. She has also published 2 books, more than 40 papers and 10 book chapters. She has won 6 research awards and organized multiple international, national and regional meetings.

Her current areas of interest are: Guidelines development based on evidence and Grade methodology; Functioning and Quality of life, Validation of Scales, Traffic accidents and their consequences in the Functioning and Quality of life.

She has been the leader in the University of Antioquia of the elaboration of clinical practice guides for Colombia.

She has coordinated the development of 5 CPGs for this country, including one for Muscular Dystrophy and another for amputees and prostheses.