

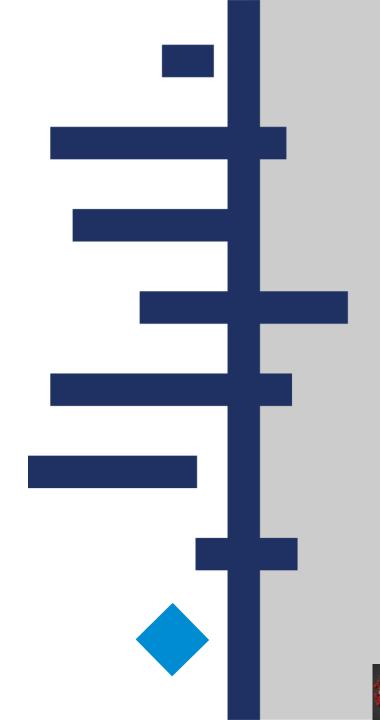






Cochrane Rehabilitation special projects

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Be4rehab Project

Best Evidence for Rehabilitation











Background

United Nations 2030 Sustainable Development Agenda Ensure healthy lives and promote wellbeing for all at all ages

Sustainable Development Goal 3

World Health Organization

Universal Health Coverage

World Health Organization «Rehabilitation 2030: a call for action»

Package of Rehabilitation Interventions











Objectives

To produce, in collaboration with the World Health Organization (WHO), the Minimum Package of Rehabilitation Interventions for Ministries of Health collecting data from selected best Guidelines and Cochrane Systematic Reviews on 21 health conditions.

Cochrane Rehabilitation role:

- Co-responsible of the methodology
- Recruitment and methodological overview of 10 out of 21 existing review groups
- Extraction of the best available evidence from Cochrane Systematic Reviews











Results

Methodological support to Technical Working Groups:

8 groups completed their task

2 groups did not

The provided assistance included:

- -Running bibliographic researches
- -Evaluating found Guidelines against inclusion and exclusion criteria
- -Evaluating methodological quality of found Guidelines
- -Controlling the quality of Technical Working Groups work

Amputation	Low back pain
Fractures	Osteoarthritis
Sarcopenia	Parkinson's disease
Chronic Obstructive Pulmonary Disease	Rheumatoid arthritis
Ischemic heart disease	Traumatic Brain Injury











Results

Data extraction from Cochrane Systematic Reviews:

244 Cochrane Systematic Reviews on 17 health conditions were selected:

- -157 have a Summary of Findings table and GRADE assessment
- -87 lack the Summary of Findings and GRADE assessment

Data from 65 reviews were extracted

For 31 of the 65 reviews a Summary of Finding and GRADE assessment were prepared

Results were shared with the Peer Review Group of the WHO











Health Condition	Cochrane Systematic Reviews	With GRADE assessment	Without GRADE assessment
Stroke	62	33	29
Cancer	44	25	19
Low back pain	30	24	6
Osteoarthritis	24	22	2
Rheumatoid arthritis	17	14	3
Chronic obstructive pulmonary diseases	14	14	0
Fractures	11	1	10
Parkinson's disease	8	4	4
Traumatic brain injury	7	5	2
Cerebral Palsy	7	5	2
Autism Spectrum Disorders	7	4	3
Ischemic heart disease	4	2	2
Spinal Cord Injury	3	1	2
Amputation	3	1	2
Intellectual disability	2	1	1
Congenital abnormality	1	1	0
Sarcopenia	0	0	0
Alzheimer disease/Dementia	13	7	6
(Major) Depressive disorder	7	6	1
Vision impairment	6	2	4
Hearing impairment	2	1	1
Totals	273	173	100











Cochrane Rehabilitation ebook











The Cochrane Rehabilitation ebook

Funded by the European Physical and Rehabilitation Medicine (PRM) Bodies (ESPRM, EARM, UEMS PRMS Section & Board

Importance to Rehabilitation:

- inform rehabilitation clinicians on evidence based practice
- educate undergraduate and postgraduate rehabilitation students
- support political actions toward policymakers, patients' associations and other stakeholders
- identify unmet needs of evidence synthesis and activate correct prioritization for future work of Cochrane













Cochrane Rehabilitation ebook

"Live" e-book available for free in Internet to be constantly updated including all Cochrane reviews relevant to rehabilitation

Contents

- Titles
- Abstracts
- Plain language summary
- Summaries for the different audiences
 - Students, health managers & politicians, clinicians
- Blogshots and other relevant products











The content summaries

Production of the summaries for different target audiences

- rehabilitation professionals, with ESPRM
- PRM trainees, medical and all rehabilitation profession students, with UEMS PRM Board
- politicians, with UEMS PRM Section
- consumers, with Cochrane

Translation into different languages

Continuous updating











Cochrane Rehabilitation ebook index

- 1. Rehabilitation approach to Musculoskeletal health conditions
- 2. Rehabilitation approach to **Neurological** health conditions
- 3. Rehabilitation approach to **Pain** health conditions
- 4. Rehabilitation approach to Cardiovascular and Pulmonary health conditions
- 5. Rehabilitation approach to **Internal medicine** health conditions
- 6. Rehabilitation approach to Cancer- Organ Transplant and Immune-compromised health conditions
- 7. Rehabilitation approach to **Pelvic floor** health conditions
- 8. Rehabilitation approach to **Psychiatric** health conditions
- 9. Rehabilitation approach to **Sport medicine** health conditions
- 10. Rehabilitation approach to **Pediatric** health conditions
- 11. Rehabilitation approach to **Geriatric** health conditions
- 12. Rehabilitation management











Participants

Invited

65 national Physical & Rehabilitation Medicine Scientific Societies have been asked to

participate

41 agreed to participate

Accepted

Recruited

100 rehabilitation professionals (9 different professions) from 39 countries in 5 continents







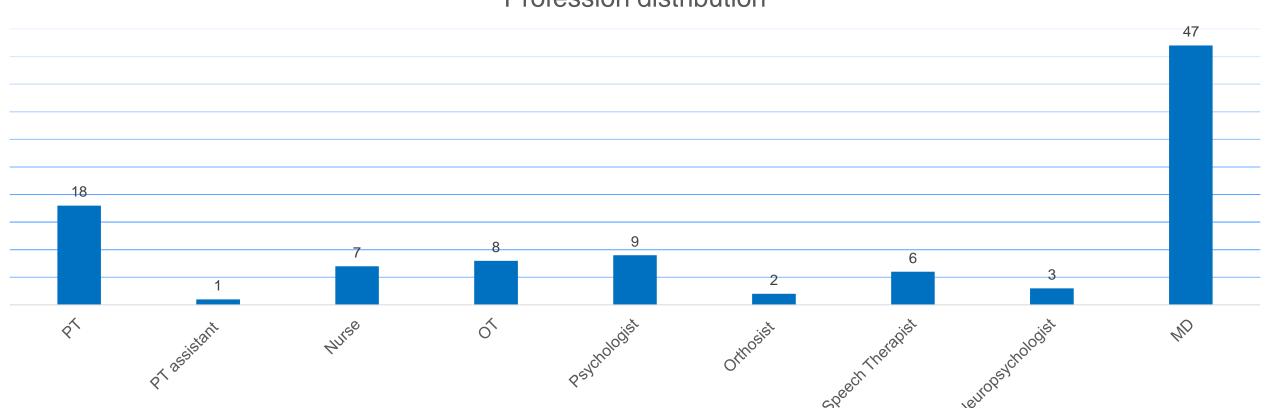




100 participants from 39 countries

5 Delphi Rounds

Profession distribution











Participant countries: 26 European

- Austria
- Belgium
- Bulgaria
- Croatia
- Czech Republic
- Estonia
- FYROM
- Germany
- Greece

- Hungary
- Ireland
- Italy
- Latvia
- Lithuania
- Malta
- Montenegro
- Norway
- Poland

- Portugal
- Romania
- Russia
- Slovakia
- Slovenia
- Spain
- The Netherlands
- Ukraine













Participant countries: 13 world wide

5 Asian

- China
- Israel
- Malaysia
- Pakistan
- Turkey

4 American

- AMLAR
- Canada
- Colombia
- Paraguay

3 African

- Ghana
- Morocco

Sudan





Australia







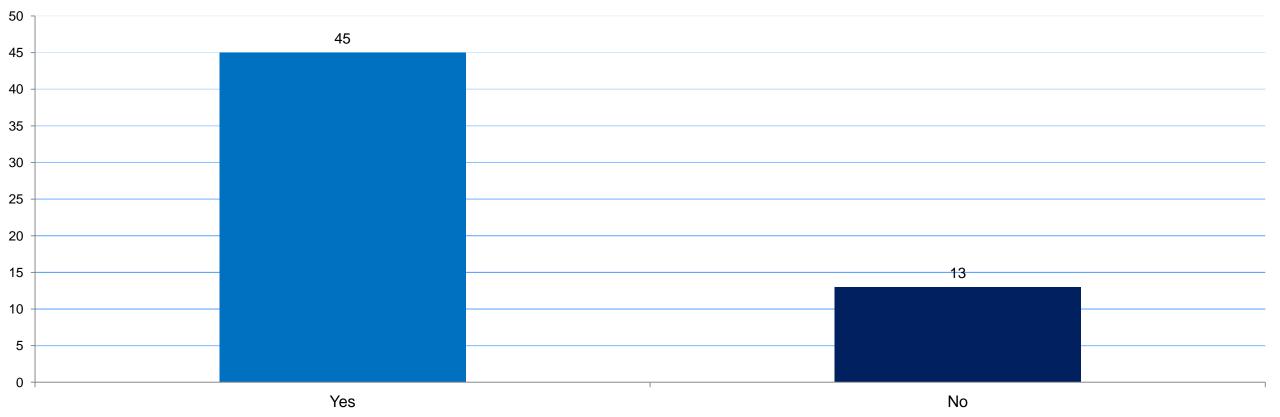




Delphi Round 1: RR 58%

Table of Contents ok?

Do you agree with the whole suggested chapter classification?







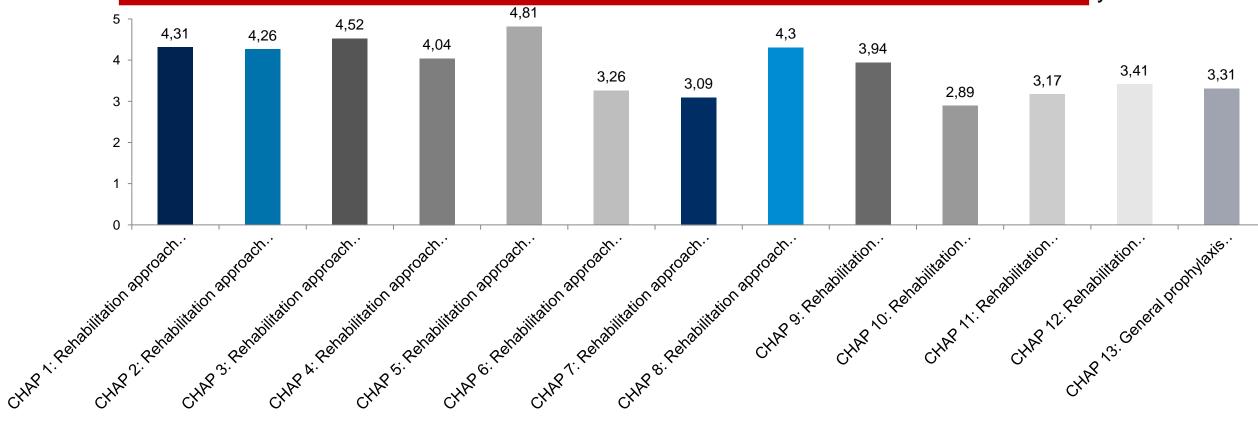




Delphi Round 2: RR 58%

Are the Contents











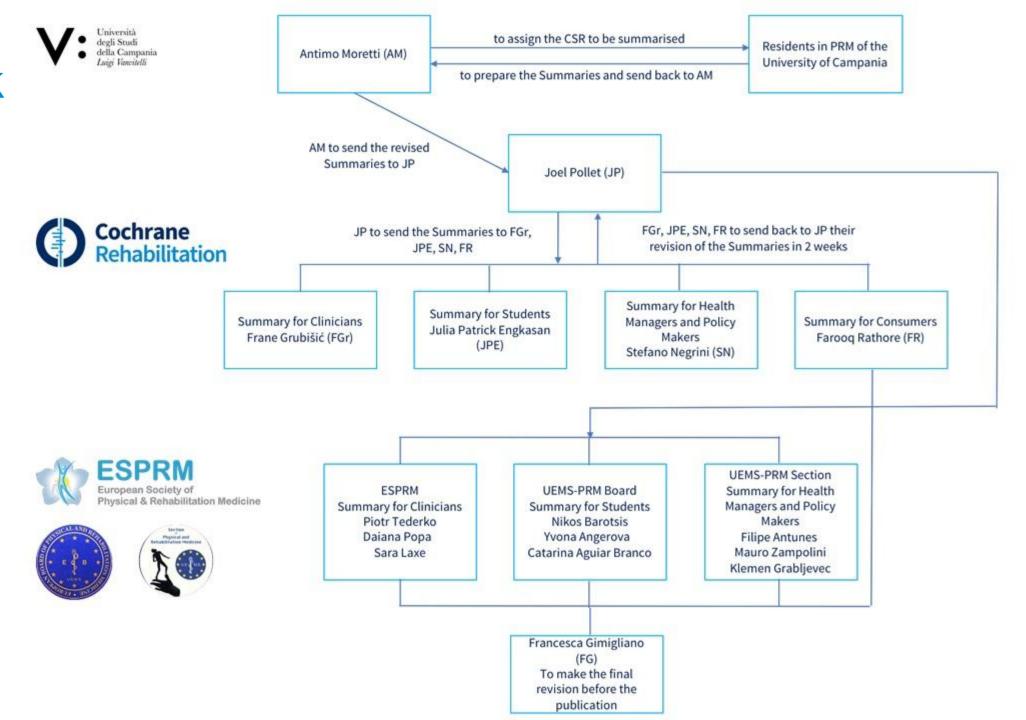


Final index – Delphi Round 4: RR 60%

	Paragraph
	S
CHAP 1: Rehabilitation approach to Pediatric health conditions	5
CHAP 2: Rehabilitation approach to Geriatric health conditions	7
CHAP 3: Rehabilitation approach to Musculoskeletal health conditions	25
CHAP 4: Rehabilitation approach to Cardiovascular and Pulmonary health conditions	5
CHAP 5: Rehabilitation approach to Neurological health conditions	29
CHAP 6: Rehabilitation approach to Cancer- Organ Transplant and Immune	9- 6
compromised health conditions	
CHAP 7: Rehabilitation approach to Pelvic floor health conditions	8
CHAP 8: Rehabilitation approach to Pain health conditions	17
CHAP 9: Rehabilitation management	8
CHAP 10: Rehabilitation approach to Internal medicine health conditions	10
CHAP 11: Rehabilitation approach to Psychiatric health conditions	7
CHAP 12: Rehabilitation approach to Sport medicine health conditions	2
CHAP 13: General prophylaxis approach using rehabilitation interventions	7



The ebook production chart





Search...

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About us

Electromechanical-assisted training for walking after stroke

Reference	Summary for health managers:
Abstract	Stroke is a major public health problem because it is the first cause of disability in the adult population.
Plain language summary	Worldwide incidence rates range between 144 and 373/100.000/years. The guidelines of American Heart Association/American Stroke Association recommend robot assisted
Summary for clinicians	movement training to improve mobility after stroke in combination with conventional therapy. Cochrane evidence shows that robotic training combined with physiotherapy probably improves
Summary for students	walking ability in people with stroke.
Summary for health managers	The summary was prepared by: Author: Andrea Settembre
Summary for consumers	Editors: Antimo Moretti, Stefano Negrini, Francesca Gimigliano Reviewers: Filipe Antunes, Klemen Grabljevec
	Approved by a vote from UEMS-PRM Section delegates at the General Assembly in Stockholm September 8 th , 2018.

Diseases:

- 2. Neurological > 2.3 Cerebrovascular Disorders
- 2. Neurological > 2.8 Spasticity

Interventions:

Rehabilitation in general

Exercises

Physical modalities

Assistive technologies

Technological interventions



Electromechanical-assisted training for walking after stroke

Reference

Abstract

Plain language summary

Summary for clinicians

Summary for students

Summary for health managers

Summary for consumers

Summary for students:

Stroke is a major public health problem being the first cause of disability in the adult population. Three months after stroke, 20% of people remain wheelchair bound, and approximately 70% walk at a reduced velocity and capacity.

Body weight supported treadmill training, automated electromechanical gait training, and robotic assisted gait training devices have been developed to deliver gait therapy. The automated and robotic devices have the advantage of reduced dependence on therapists compared to body weight supported treadmill training.

This Cochrane systematic review assessed the effectiveness of automated electromechanical and robotic assisted gait training devices for improving walking after stroke.

It was reported that the use of electromechanical devices combined with physiotherapy when compared with physiotherapy alone may increase the chance of walking independently at the end of treatment in early post stroke people. The evidence for this outcome is of moderate quality and it is possible that the true effect might change with future studies. No improvement was reported in walking speed and distance. However, the evidence for both outcomes is low and it is very likely that future trials may change the quantitative effect, while the overall efficacy of the treatment may or not change.

The summary was prepared by:

Author: Andrea Settembre

Editors: Antimo Moretti, Julia Patrick Engkasan, Francesca Gimigliano

Reviewers: Nikolaos Barotsis, Yvona Angerova

Approved by a vote from UEMS-PRM Board delegates at the General Assembly in Stockholm September 8th, 2018.

Diseases:

- 2. Neurological > 2.3 Cerebrovascular Disorders
- 2. Neurological > 2.8 Spasticity

Interventions:

Rehabilitation in general

Exercises

Physical modalities

Assistive technologies

Technological interventions









Plan

To launch the ebook in (May) -> September 2020 at ESPRM2020 in Belgrade.

The ebook will be freely available for all and will be a useful tool to spread certified evidence in a fast and practical way!















Prioritization process











Participants

Invited

65 national Physical & Rehabilitation Medicine Scientific Societies have been asked to

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41 agreed to participate

Accepted

Recruited

100 rehabilitation professionals (9 different professions) from 39 countries in 5 continents











Index vs Reviews – Delphi Round 4: RR 58%

13 Chapters: Rehabilitation approach to health conditions	Paragraphs	Reviews
Musculoskeletal	24	294
Neurological	28	246
Pain	16	134
Cardiovascular and Pulmonary	4	79
Internal medicine	9	4
Cancer- Organ Transplant and Immune-compromised	6	34
Pelvic floor	7	42
Psychiatric	6	20
Sport medicine	1	5
Pediatric	5	74
Geriatric	6	55
Rehabilitation management	8	47
General prophylaxis approach using rehabilitation interventions	6	25



This list of priorities has been achieved considering the results of each Paragraph. Please consider that each Paragraph has been evaluated by responders in contrast with the other Paragraphs in the same Chapter, and not compared to all the other Paragraphs in all Chapters.

Weighted Average

3.3. Compression Fractures of the Spine (0)

9.5. Intervention protocols treatment (0)

4,17

2. This list of priorities has been achieved considering the results of each Paragraph multiplied by the result of its Chapter.

Double weighted Average

9.5. Intervention protocols treatment (0)

15,6792

10.1. Rehabilitation of patients with hurs (0)

```
10.1. Rehabilitation of patients with burns (0)
                                                                                                                  4,15
5.2. Spinal Cord Injury (5)
                                                                                                                  4,11
9.8. Goal setting in rehabilitation (2)
3.16. Polytrauma (0)
                                                                                                                  4.02
3.21. Amputation (3)
4.4. Deconditioning (4)
5.14. Neurogenic Bowel (0)
5.15. Neurogenic Bladder (2)
10.8. Obesity (1)
13.4. Rehabilitation as Secondary prevention in stroke (2)
                                                                                                                  3.98
2.5. Independence and technical aids in the elderly (3)
                                                                                                                  3,94
13.1. Prevention of obesity with rehabilitation interventions (1)
7.4. Sexuality and Disability (1)
                                                                                                                  3.93
13.6. Physical Activity in the Prevention of Chronic Disease (6)
6.3. Palliative care (0)
                                                                                                                  3,91
8.12. Pain in older people (0)
8.15. Adverse effects of pain management (0)
                                                                                                                  3.91
9.1. Rehabilitation assessment strategies (3)
                                                                                                                  3,91
9.2. Rehabilitation Setting (0)
                                                                                                                  3.91
 4. This list of priorities has been achieved considering the Paragraph that received the highest priority
            within its Chapter. Please consider that each Chapter had different results of priority.
                                                                                                               Order Chapter
2.5. Independence and technical aids in the elderly (3)
12.1. Muscle injuries in sports (1)
10.1. Rehabilitation of patients with burns (0)
13.4. Rehabilitation as Secondary prevention in stroke (2)
1.4. Physical Activity in children with reduced function or disabilities (2)
```

8.12. Pain in older people (0)6.3. Palliative care (0)5.2. Spinal Cord Injury (5)4.4. Deconditioning (4)

11.2. Functional neurological disorders (1)
7.4. Sexuality and Disability (1)
3.3. Compression Fractures of the Spine (0)
9.8. Goal setting in rehabilitation (2)
2.3. Depression (1)

Musculoskeletal health conditions (7)
 8.15. Adverse effects of pain management (0)
 6.5. Transplant Rehabilitation (0)
 5.14. Neurogenic Bowel (0)

7.2. Fecal incontinence (3) 3.16. Polytrauma (0)

10.8. Obesity (1)
13.1. Prevention of obesity with rehabilitation interventions (1)

4.3. Prevention and rehabilitation of pulmonary aspiration (1) 11.5. Mourning process after loss of health (0)

10.1. Rehabilitation of patients with burns (0)	15,521
9.8. Goal setting in rehabilitation (2)	15,4536
10.8. Obesity (1)	14,8852
2.5. Independence and technical aids in the elderly (3)	14,8104
13.4. Rehabilitation as Secondary prevention in stroke (2)	14,8056
9.1. Rehabilitation assessment strategies (3)	14,7016
9.2. Rehabilitation Setting (0)	14,7016
5.2. Spinal Cord Injury (5)	14,6727
13.1. Prevention of obesity with rehabilitation interventions (1)	14,6568
13.6. Physical Activity in the Prevention of Chronic Disease (6)	14,5824
2.3. Depression (1)	14,5112
9.3. Rehabilitation Team (3)	14,476
13.5. Biomechanical evaluation for prevention of chronic pain (1)	14,4708
12.1. Muscle injuries in sports (1)	14,3242
1.4. Physical Activity in children with reduced function or disabilities (2)	14,3206
5.14. Neurogenic Bowel (0)	14,28
5.15. Neurogenic Bladder (2)	14,28
6.3. Palliative care (0)	14,2324
8.12. Pain in older people (0)	14,2324
8.15. Adverse effects of pain management (0)	14,2324
2.1. Geriatric Frailty Syndrome (4)	14,212
13.3. Sport injury prevention with rehabilitation intervention (3)	14,1732
1.2. Musculoskeletal health conditions (7)	14,1351
10.9. Metabolic syndrome (0)	14,0998
6.5. Transplant Rehabilitation (0)	14,0868
3.9. Complex regional pain syndrome (CRPS) (3)	14,014

Paragraphs in the Chapter. This value has then been multiplied by the order of priority of the Chapters.

Weighted order Paragraphs Weighted order Chapters 13% 13% 10%

5. This list of priorities has been achieved considering the order of priority of each Paragraph in its Chapter, weighted by the number of

	Weighted order Paragraphs	Weighted order Chapters	Total
9.5. Intervention protocols treatment (0)	13%	10%	1%
5.2. Spinal Cord Injury (5)	4%	60%	2%
10.1. Rehabilitation of patients with burns (0)	11%	20%	2%
9.8. Goal setting in rehabilitation (2)	25%	10%	3%
8.12. Pain in older people (0)	6%	50%	3%
2.5. Independence and technical aids in the elderly (3)	17%	20%	3%
9.1. Rehabilitation assessment strategies (3)	38%	10%	4%
3.3. Compression Fractures of the Spine (0)	4%	100%	4%
5.14. Neurogenic Bowel (0)	7%	60%	4%
10.8. Obesity (1)	22%	20%	4%
13.4. Rehabilitation as Secondary prevention in stroke (2)	17%	30%	5%
9.2. Rehabilitation Setting (0)	50%	10%	5%
8.15. Adverse effects of pain management (0)	13%	50%	6%
9.3. Rehabilitation Team (3)	63%	10%	6%
5.15. Neurogenic Bladder (2)	11%	60%	6%
10.9. Metabolic syndrome (0)	33%	20%	7%
2.3. Depression (1)	33%	20%	7%
9.6. Education of patients, relatives and caregivers (7)	75%	10%	8%
1.4. Physical Activity in children with reduced function or disabilities (2)	20%	40%	8%
3.16. Polytrauma (0)	8%	100%	8%
5.17. Spasticity (10)	14%	60%	9%
9.7. Orthosis, prothesis, devices and technical aids (20)	88%	10%	9%
10.2. HIV (0)	44%	20%	9%
8.9. Complex regional pain syndrome (CRPS) (3)	19%	50%	9%
13.1. Prevention of obesity with rehabilitation interventions (1)	33%	30%	10%
6.3. Palliative care (0)	20%	50%	10%
2.1. Geriatric Frailty Syndrome (4)	50%	20%	10%
9.4. Vocational and professional rehabilitation (12)	100%	10%	10%
5.12. Nutrition in neurological patients (1)		60%	11%
10.7. Chronic renal diseases (1)		20%	11%
11.2. Functional neurological disorders (1)		80%	11%
3.21. Amputation (3)		100%	13%
8.10. Psychological pain components and Post-traumatic stress (2)		50%	13%
7.4. Sexuality and Disability (1)		90%	13%
5.21. Vestibular Diseases and Vertigo (1)		60%	13%
10.3. Gluten intolerance and celiac disease (0)		20%	13%
2.4. Fall Prevention (15)		20%	13%
5.28. Myalgic encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) (2)		60%	15%
13.6. Physical Activity in the Prevention of Chronic Disease (6)		30%	15%

multiplied by the results of its Chapter and by the number of existing reviews (normalized)
within the Paragraph. Please, consider that the number of reviews into each Paragraph has
already been considered by the respondent to the survey to give their priorities.

Tota
9.5. Intervention protocols treatment (0)
15,5:

15,37

3. This list of priorities has been achieved considering the results of each Paragraph

10.1. Rehabilitation of patients with burns (0)

9.8. Goal setting in rehabilitation (2)	14,99
10.8. Obesity (1)	14,59
9.2. Rehabilitation Setting (0)	14,55
13.1. Prevention of obesity with rehabilitation interventions (1)	14,36
13.4. Rehabilitation as Secondary prevention in stroke (2)	14,36
2.3. Depression (1)	14,22
2.5. Independence and technical aids in the elderly (3)	14,22
13.5. Biomechanical evaluation for prevention of chronic pain (1)	14,18
5.14. Neurogenic Bowel (0)	14,14
9.1. Rehabilitation assessment strategies (3)	14,1
6.3. Palliative care (0)	14,0
8.12. Pain in older people (0)	14,09
8.15. Adverse effects of pain management (0)	14,09
12.1. Muscle injuries in sports (1)	14,0
10.9. Metabolic syndrome (0)	13,9
	13,9
	13,9
	13,8
	13,8
	13,79
	13,6
	13,5
	13,5
	13,5
	13,50
	13,4
	13,4
	13,4
	13,3
	13,3
	13,2
	13,1
	13,1
	13,0
	13,0:
	13,00

TOT. This list of priorities has been achieved comparing all the previous lists and averaging the level of priority that each Paragraph received in the previous lists (3 points for priorities level 1 - 2 points for priorities level 2 and 1 point for priorities level 3)

	level 2 and 1 points for priorities level 3)			0.1.00		
Semplici	Pesati	Pesati+#review	Ordinali pesati	Per capitolo	is to a series of processing the series of	Value
			•		10.1. Rehabilitation of patients with burns (0)	3
					9.5. Intervention protocols treatment (0)	3
					9.8. Goal setting in rehabilitation (2)	2,8
5.2. Spinal Co	ord 5.2. Spinal Cor	d 5.2. Spinal Core	5.2. Spinal Cord	d 5.2. Spinal Cord In	5.2. Spinal Cord Injury (5)	2,4
10.8. Obesity	(1) 10.8. Obesity (1]10.8. Obesity (1	1)10.8. Obesity (1	1)10.8. Obesity (1)	10.8. Obesity (1)	2,4
13.4. Rehabilit	tat 13.4. Rehabilita	at 13.4. Rehabilita	<mark>t</mark> 13.4. Rehabilita	t 13.4. Rehabilitatio	13.4. Rehabilitation as Secondary prevention in stroke (2)	2,4
2.5. Independe	en 2.5. Independe	n(2.5. Independer	<mark>n</mark> 2.5. Independer	n 2.5. Independence	2.5. Independence and technical aids in the elderly (3)	2,4
5.14. Neuroge	eni <mark>5.14. Neuroger</mark>	5.14. Neurogen	<mark>i</mark> c5.14. Neurogen	i <mark>r5.14. Neurogeni</mark> c I	5.14. Neurogenic Bowel (0)	2,2
					8.12. Pain in older people (0)	2,2
3.3. Compress	<mark>sio</mark> n Fractures of t	h3.3. Compressi	3.3. Compressi		3.3. Compression Fractures of the Spine (0)	2
	itic <mark>9.2. Rehabilitat</mark>				9.2. Rehabilitation Setting (0)	2
					6.3. Palliative care (0)	2
					9.1. Rehabilitation assessment strategies (3)	2
					113.1. Prevention of obesity with rehabilitation interventions (1)	2
					2.3. Depression (1)	1,8
					8.15. Adverse effects of pain management (0)	1,8
					5.15. Neurogenic Bladder (2)	1,6
					i1.4. Physical Activity in children with reduced function or disabilities (2)	1,6
		. 12.1. Muscle inj			12.1. Muscle injuries in sports (1)	1,4
3.16. Polytrau					(3.16. Polytrauma (0)	1,4
					13.6. Physical Activity in the Prevention of Chronic Disease (6)	1,4
4.4. Deconditi					(4.4. Deconditioning (4)	1,2
7.4. Sexuality	and Disability (1)		7.4. Sexuality a	7.4. Sexuality and	T7.4. Sexuality and Disability (1)	1,2
			2.1. Geriatric Fr	<mark>a</mark> 2.1. Geriatric Fr <mark>a</mark> ilt	2.1. Geriatric Frailty Syndrome (4)	1,2
		e(8.9. Complex re	8.9. Complex re	<mark>e</mark> (8.9. Complex re <mark>g</mark> io	8.9. Complex regional pain syndrome (CRPS) (3)	1,2
3.21. Amputat			3.21. Amputation	u3.21. Amputation (3.21. Amputation (3)	1
					1.2. Musculoskeletal health conditions (7)	1
					6.5. Transplant Rehabilitation (0)	1
9.3. Rehabilita	ntic9.3. Rehabilitat		c9.3. Rehabilitati	on Team (3)	9.3. Rehabilitation Team (3)	1
	10.9. Metabolic	:10.9. Metabolic			10.9. Metabolic syndrome (0)	1
					11.2. Functional neurological disorders (1)	0,8
					13.5. Biomechanical evaluation for prevention of chronic pain (1)	0,8
					13.3. Sport injury prevention with rehabilitation intervention (3)	0,6
					5.12. Nutrition in neurological patients (1)	0,6
					5.21. Vestibular Diseases and Vertigo (1)	0,6
					8.10. Psychological pain components and Post-traumatic stress (2)	0,6
	n and rehabilitatio	n of pulmonary as			4.3. Prevention and rehabilitation of pulmonary aspiration (1)	0,6
5.17. Spasticit	(10)		5.17. Spasticity	(/	5.17. Spasticity (10)	0,6
		1.3. Pediatric sy			1.3. Pediatric syndromes (2)	0,4
		5.28. Myalgic e	n5.28. Myalgic e		5.28. Myalgic encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS) (2)	0,4
					11.5. Mourning process after loss of health (0)	0,4
					7.2. Fecal incontinence (3)	0,4
					9.4. Vocational and professional rehabilitation (12)	0,4
					9.6. Education of patients, relatives and caregivers (7)	0,4
			9.7. Orthosis, p	<mark>r</mark> othesis, devices ar	9.7. Orthosis, prothesis, devices and technical aids (20)	0,4
			10.2. HIV (0)		10.2. HIV (0)	0,4









10.1	Rehabilitation of patients with burns	(0)	3	
9.5	Intervention protocols treatment	(0)	3	
9.8	Goal setting in rehabilitation		(2)	2,8
5.2	Spinal Cord Injury		(5)	2,4
10.8	Obesity	(1)	2,4	
13.4	Rehabilitation as Secondary prevention in stroke		(2)	2,4
2.5	Independence and technical aids in elderly	(3)	2,4	
5.14	Neurogenic Bowel		(0)	2,2
8.12	Pain in elderly	(0)	2,2	
3.3	Compression Fractures of the Spine	(0)	2	
9.2	Rehabilitation Setting	(0)	2	
6.3	Palliative care	(0)	2	
9.1	Rehabilitation assessment strategies		(3)	2
13.1	Prevention of obesity with rehabilitation interventions	(1)	2	











10.1	Rehabilitation of patients with burns	(0)	3	
9.5	Intervention protocols treatment	(0)	3	
9.8	Goal setting in rehabilitation		(2)	2,8
5.2	Spinal Cord Injury		(5)	2,4
10.8	Obesity	(1)	2,4	
13.4	Rehabilitation as Secondary prevention in stroke		(2)	2,4
2.5	Independence and technical aids in elderly	(3)	2,4	
5.14	Neurogenic Bowel	\wedge	(0)	2,2
8.12	Pain in elderly	(0)	2,2	
3.3	Compression Fractures of the Spine	(0)	2	
9.2	Rehabilitation Setting	(0)	2	
6.3	Palliative care	(0)	2	
9.1	Rehabilitation assessment strategies		(3)	2
13.1	Prevention of obesity with rehabilitation interventions	(1)	2	











	10.1	Rehabilitation of patients with burns	(0)	3	
	9.5	Intervention protocols treatment	(0)	3	
	9.8	Goal setting in rehabilitation		(2)	2,8
<	5.2	Spinal Cord Injury		(5)	2,4
	10.8	Obesity	(1)	2,4	
	13.4	Rehabilitation as Secondary prevention in stroke		(2)	2,4
	2.5	Independence and technical aids in elderly	(3)	2,4	
	5.14	Neurogenic Bowel		(0)	2,2
	8.12	Pain in elderly	(0)	2,2	
	3.3	Compression Fractures of the Spine	(0)	2	
	9.2	Rehabilitation Setting	(0)	2	
	6.3	Palliative care	(0)	2	
	9.1	Rehabilitation assessment strategies		(3)	2
	13.1	Prevention of obesity with rehabilitation interventions	(1)	2	











Rehabilitation definition for scientific research purposes











Introduction

In 3 years Cochrane Rehabilitation found the **need to better define** what was rehabilitation and what was not:

- tagging all the Cochrane Systematic Reviews (CSR) to prepare a database of CSRs of rehabilitation interest
- 2. finding some reviews containing in the title the word rehabilitation while the contents appeared to us not rehabilitative
- 3. developing the **Package of Rehabilitation Interventions** (PRI) in collaboration with the World Health Organization (WHO)











The problem

Currently available definitions fall short on the purpose of exactly defining what we needed for our research purposes:

- inclusion criteria: what is rehabilitation
- exclusion criteria: what is not rehabilitation













Aim of the Cochrane Rehabilitation initiative

To develop an operational **definition** of rehabilitation that could be useful for research purposes allowing to define

- Inclusion criteria
- Exclusion criteria











Methodology

It has been **developed** following discussions inside Cochrane Rehabilitation:

- Executive Committee Meetings
- Methodology Committee Meetings
- Advisory Board Meeting (including all relevant stakeholders), Kobe June 2019
- among the promoters











Methodology

- 1. A **survey** into the Advisory and Executive Committees of Cochrane Rehabilitation to collect the current definitions by:
 - 1. the major rehabilitation organizations
 - 2. the major rehabilitation journals
 - 3. the experts and representatives of consumers and LMIC
 - 4. the participants invited to the Consensus Meeting
- A Consensus Meeting: results will be published in the Eur J Phys Rehabil Med
- 3. a **Delphi procedure** to achieve the final definition in the Advisory Board of Cochrane Rehabilitation











Consensus Meeting

C Arienti (Ita)

J Bickenbach (USA)

MG Ceravolo (Ita)

F Gimigliano (Ita)

C Gutenbrunner (Ger)

C Kiekens (Bel)

A Kucukdeveci (Tur)

I Laffont (Fra)

A Malmivaara (Fin)

S Negrini (Ita)

M Pattison (Aus)

A Oral (Tur)

A Pollock (UK)

M Selb (Swi)

L Tesio (Ita)

M Zampolini (Ita)

Cochrane Rehabilitation Headquarters (Ita): R Bettinsoli, SG

Lazzarini, M Patrini











Consensus Meeting

Current definitions and related problems:

- Introduction
- Specific <u>problems</u> found by Cochrane Rehabilitation
- Current definitions analysis and discussion
- "Pars construens" (constructive part):
- Work in <u>little groups</u> to prepare a proposal for the new rehabilitation definition for research purposes
- Conclusion with final discussion













PICO: Intervention

In a health care context rehabilitation is a

multimodal person-centered process, including functioning interventions targeting body functions, and/or activities and participation, and/or the interaction with the environment,

with the goal of optimizing functioning

for persons with health conditions experiencing disability or likely to experience disability and/or persons with disability











PICO: Outcome

In a health care context rehabilitation is a

multimodal person-centered process, including functioning interventions targeting body functions, and/or activities and participation, and/or the interaction with the environment,

with the goal of optimizing functioning

for persons with health conditions experiencing disability or likely to experience disability and/or persons with disability











PICO: Population

In a health care context rehabilitation is a

multimodal person-centered process, including functioning interventions targeting body functions, and/or activities and participation, and/or the interaction with the environment,

with the goal of optimizing functioning

for persons with health conditions experiencing disability or likely to experience disability and/or persons with disability











Next step

A **Delphi procedure** to achieve the final definition in the Advisory Board of Cochrane Rehabilitation:

- 1. the major rehabilitation organizations
- 2. the major rehabilitation journals
- 3. the experts and representatives of consumers and LMIC
- 4. the participants invited to the Consensus Meeting











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The RCTs in RehAbilitation ChecKlist (RCTRACK) project











RCT Rehabilitation Checklist - RCTRaCk

To produce a checklist of items to be followed

- in the reporting of RCTs in rehabilitation
 - -It could be a **stand-alone checklist** or
 - a specific add-on (not substitution) to one of the CONSORT checklist
- in the conduct and risk of bias evaluation of RCTs in rehabilitation
 - -as an add-on (not substitution) to the Cochrane Risk of Bias tool.

To identify areas of methodological research to fill gaps in the actual relevant knowledge – toward a constant development of the RCTRaCk











Preparation

Cochrane Rehabilitation Methodology Meeting @ ISPRM 2018

-EJPRM Special Issue



Systematic review on the existing methodological Checklists relevant to rehabilitation

-Armijo-Olivo S et al. Phys Ther 2014; 94(9), 1272-84

Scoping Review on methodological problems in rehabilitation research

Arienti C et al. submitted

Clinical replicability of rehabilitation interventions in Randomized Controlled Trials reported in main journals is inadequate

Negrini S et al. J Clin Epidemiol (2nd revision submitted)

Database in Cochrane Rehabilitation website of all relevant methodological literature











1st Consensus Conference @ Kobe ISPRM 2019

Stefano Negrini (Ita)

Thorsten Meyer (Ger)

Antti Malmivaara (Fin)

Julia Patrick Engkasan (Mal

Walter Roura Frontera (Usa)

Allen Heinemann (Usa)

Frane Grubisic (Cro)

Carlotte Kiekens (Bel)



William Levack (Nzl)

Machalich eck (Usa)

Aydan Oral (Tur)

Melissa Selb (Swi)

Gerold Stucki (Swi)

Will Taylor (Nzl)

Susan Armijo-Olivo (Can)

Chiara Arienti (Ita)











Technical Working Groups

Aim: identification of the item(s) to be added to the CONSORT Non-Pharmacological Treatments Guideline in the RCTRaCk checklist

Composition: Responsible and the team he/she will chose

Methods

- Systematic/scoping review on the identified topic OUTSIDE the world of rehabilitation
- -Proposal of the preliminary item(s) for the **draft version of the RCTRaCk**

Results

- -Presentation at the **Orlando 2020 Consensus Meeting** for general discussion
- -Publication of the systematic/scoping review











Topics to be focused

Patient selection (population)

Blinding

Treatment group

Control group & co-interventions

Attrition, follow up and protocol deviation

Outcomes

Statistical analysis and randomization

Design and research question

Thorsten Mayer, Ger

Allen Heineman, USA

John Whyte, USA

William Levack, Nzl

Susan Armijo-Olivo, Can

Pierre Côté, Can

Dinesh Kumbhare, Can

Chiara Arienti, Ita



Cochrane Rehabilitation Rehabilitation Executive Board: 29 experts, 16 countries, 4

- 1. Chiara Arienti (Ita)
- 2. Susan Armijo-Olivo (Can)
- 3. Pierre Côté (Can)
- 4. Anne Cusick (Aus)
- 5. Raju Dhakal (Nep)
- 6. Julia Patrick Engkasan (Mys)
- 7. Giorgio Ferriero (Ita)
- 8. Walter Frontera Roura (Pri)
- 9. Andrew J Haig (Usa)
- 10. Allen W Heinemann (Usa)
- 11. Francesca Gimigliano (Ita)
- 12. Thomas Hoogeboom (Ned)

- 13. Alan Jette (USA)
- 14. Carlotte Kiekens (Bel)
- 15. Friedbert Kohler (Aus)
- 16. Dinesh Kumbhare (Can)
- 17. William Levack (Nzl)
- 18. Wendy Machalicek (Usa)
- 19. Antti Malmivaara (Fin)
- 20. Thorsten Meyer (Ger)
- 21. Paul Montgomery (Eng)
- 22. Stefano Negrini (Ita)
- 23. Randolph Nudo (Usa)
- 24. Aydan Oral (Tur)

- 25. Melissa Selb (Swi)
- 26. Dominic Pérennou (Fra)
- 27. Susan Slade (Aus)
- 28. Gerold Stucki (Swi)
- 29. John Whyte (Usa)

Management

Cochrane Rehabilitation (Ita)

Chiara Arienti

Michele Patrini

Stefano Giuseppe Lazzarini

Roberta Bettinsoli











Advisory Board: 39 experts, 21 countries, 6 continents

- 1. Masami Akai (Jpn)
- 2. Liliana Alvarez (Can)
- 3. Clare Arden (Swe)
- 4. Marcas M. Bamman (USA)
- 5. Carsten Borgh Juhl (Dnk)
- 6. Kristian Borg (Swe)
- 7. Michael Brown (USA)
- 8. Leighton Chan (USA)
- 9. Nicholas Christodoulou (Cyp)
- 10. Alarcos Cieza (Esp)
- 11. Marcel Dijkers (USA)
- 12. Roberto D'Amico (Ita)
- 13. Christopher Eccleston (UK)

- 14. Franco Franchignoni (Ita)
- 15. Rolf Frischknecht (Swi)
- 16. Frane Grubisic (Hrv)
- 17. Christoph Gutenbrunner (Ger)
- 18. Tracey Howe (UK)
- 19. Elena Ilieva (Bgr)
- 20. Gert Kwakkel (Ned)
- 21. Jianan Li (Chn)
- 22. Patricia Logullo (UK)
- 23. Leonard S.W. Li (Hkg)
- 24. Luz Helena Lugo (Col)
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- 26. Silvia Minozzi (Ita)
- 27. Ann Moore (UK)

- 28. Marilyn Pattison (Aus)
- 29. Alex Pollock (UK)
- 30. Farooq Rathore (Pak)
- 31. Holger Schünemann (Can)
- 32. Beverly Shea (Can)
- 33. Henk Stam (Ned)
- 34. Luigi Tesio (Ita)
- 35. Peter Tugwell (Can)
- 36. Derick Wade (UK)
- 37. Linda J. Woodhouse (Aus)
- 38. Sam Wu (USA)
- 39. Abena Yeboaa Tannor (Gha)
- 40. Mauro Zampolini (Ita)











Consensus Conference 2020 @ ISPRM Orlando

Participants

- RCTRaCk Executive Committee
- Chief-Editor of the Special issue (Tbd)

Technical Working Groups reporting:

- Presentation of systematic/scoping reviews
- Proposal of preliminary item(s) and relevant description

Definition of the preliminary items to be kept in the draft RCTRaCk











Results

Progress with a possible extensions of CONSORT products, but to be agreed with CONSORT group

Products:

- CONSORT-Rehab (unofficial) extension
- TIDieR-Rehab (unofficial) extension











CONSORT-Rehab preliminary draft

43 added items, related to

- Research question in PICOT format
- Participants
- Interventions
- Comparison (added)
- Outcomes
- Statistics
- Results











TIDieR-Rehab preliminary draft

Distinction in 3 dimensions

- Intervention
- Comparison
- Background treatment











Contents: TIDieR-Rehab vs TIDieR

- BRIEF NAME
- 2. WHY
- 3. WHAT (1)
- 4. WHAT (2)
- 5. WHO PROVIDED
- 6. HOW
- 7. WHERE
- WHEN and HOW MUCH
- 9. TAILORING
- 10. MODIFICATIONS
- 11. HOW WELL planned
- 12. HOW WELL actual

- 1. **INTERVENTION**: Intervention theory
- 2. Active ingredients
- 3. Quantity
- 4. Tailoring
- 5. Modifications
- 6. Planning
- 7. Actuation
- 8. COMPARISON: rationale
- 9. Contents
- 10. Usual care
- 11. BACKGROUND TREATMENT











Next stages

Refinement of current draft version by Technical Working Group leaders
Definition of the final draft by the Executive Committee of RCTRACK
Collection of suggestions from the Advisory Board of RCTRACK
In the meantime

- Manual writing
- Development of the additional material for
 - -Authors
 - -Reviewers

Final product to be defined by the Technical Working Group leaders











Final products

Tentative agreement with CONSORT

Publication

- Major medical/epidemiological journal
- Co-publication in all adhering rehabilitation journals

Manual

Special issue of a rehabilitation journal

Presentations

Main meetings worldwide by member of the Executive Committee







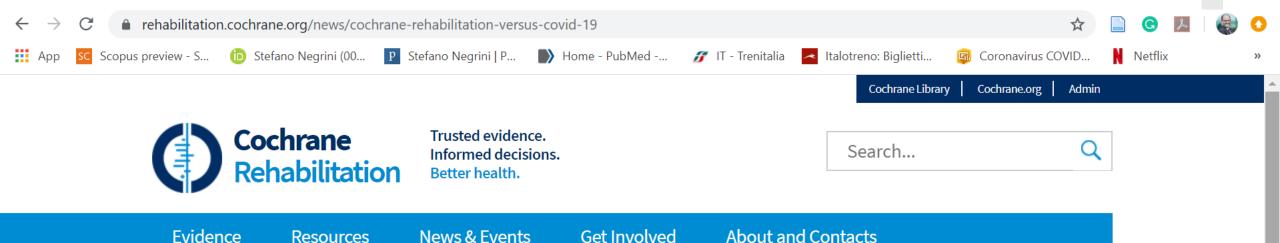




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REH-COVER action: REHabilitation - COVid-19 Evidence-based Response





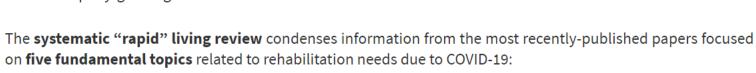
Cochrane Rehabilitation versus COVID-19

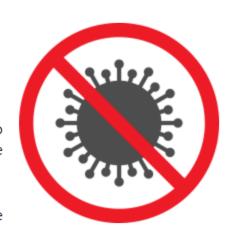
Cochrane Rehabilitation versus COVID-19

Systematic rapid living review and Mapping of Evidence

Rehabilitation professionals are facing an **unprecedented challenge** due to **COVID-19** pandemic. Evidence-based answers to newly-arisen questions are needed.

Cochrane Rehabilitation is working to synthesize and diffuse available evidence from the rapidly-growing scientific literature.









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Some terminology

Evidence Mapping

 A map of all papers published on a topic according to a defined structure

Systematic review

A review systematically collecting all the evidence on a topic

Rapid review

 A review where, to prioritise rapidity of publication, some methodological steps are not respected

Living review

A review constantly updated as soon as new evidence comes out











Initiatives

Current Covid-19 and Rehabilitation literature

- Rapid living systematic review
- Mapping

Evidence on expected sequelae of Covid-19

- Rapid systematic review for WHO (World Health Organization)
- Special Collection of the Cochrane Library

List of research priorities (with WHO rehabilitation programme)











Expected sequelae

- 1. Acute Respiratory Distress Syndrome (ARDS)
- 2. Post Intensive Care Syndrome (PICS)
- 3. Restrictive Lung Diseases
- 4. Post-Traumatic Stress Disorders (PSTDS) (only psychological treatments as part of the rehabilitation process)
- 5. Post-intubation dysphagia
- 6. Immobilization (bedding) and proning
- 7. Multiple Organ Failure





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Evidence

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REH-COVER - Living systematic review

- Steering Committee
- Living systematic review
- Interactive living evidence map

Living systematic review

Systematic rapid living

review on rehabilitation

update to 31 March 2020

needs due to covid-19:

Data table

Included papers

Download RIS file

Systematic rapid living review on rehabilitation needs due to Covid-19: update to 30 April 2020

Complete data table of included studies

Download RIS file



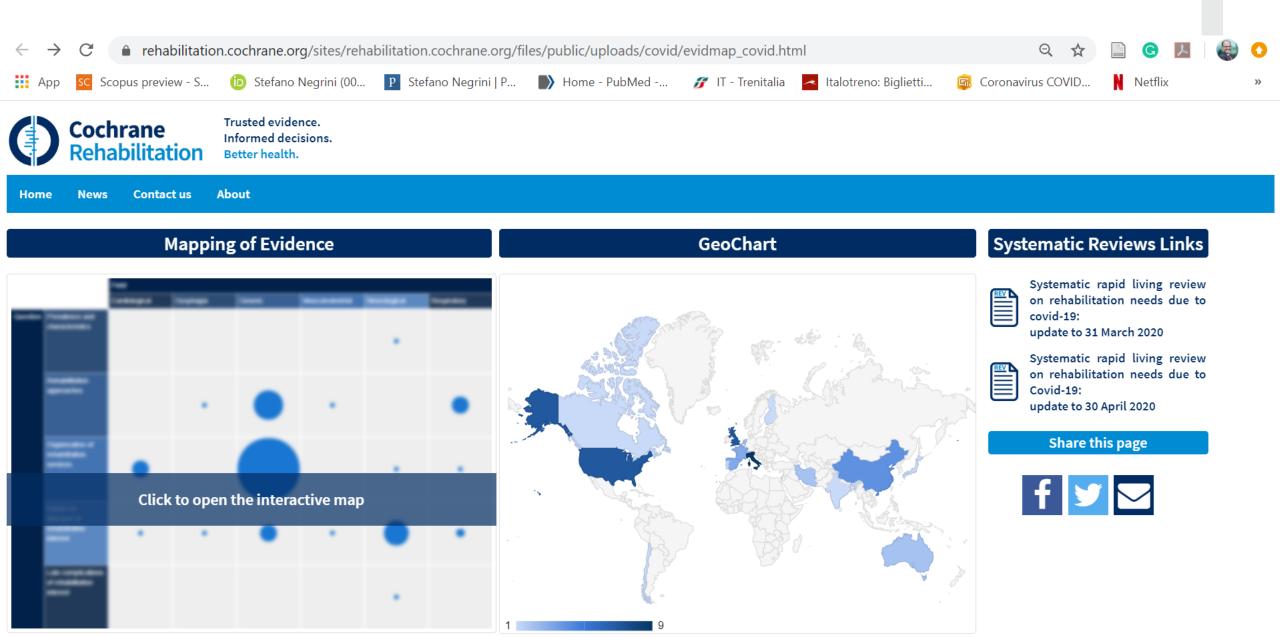
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Systematic rapid living review on rehabilitation needs due to Covid-19: update to 31st May 2020

Complete data table of included studies

Download RIS file

















5 questions

Prevalence and characteristics

Rehabilitation approaches

Organization and services

Impact on disease of rehabilitation interes

Late complication of rehabilitation interes



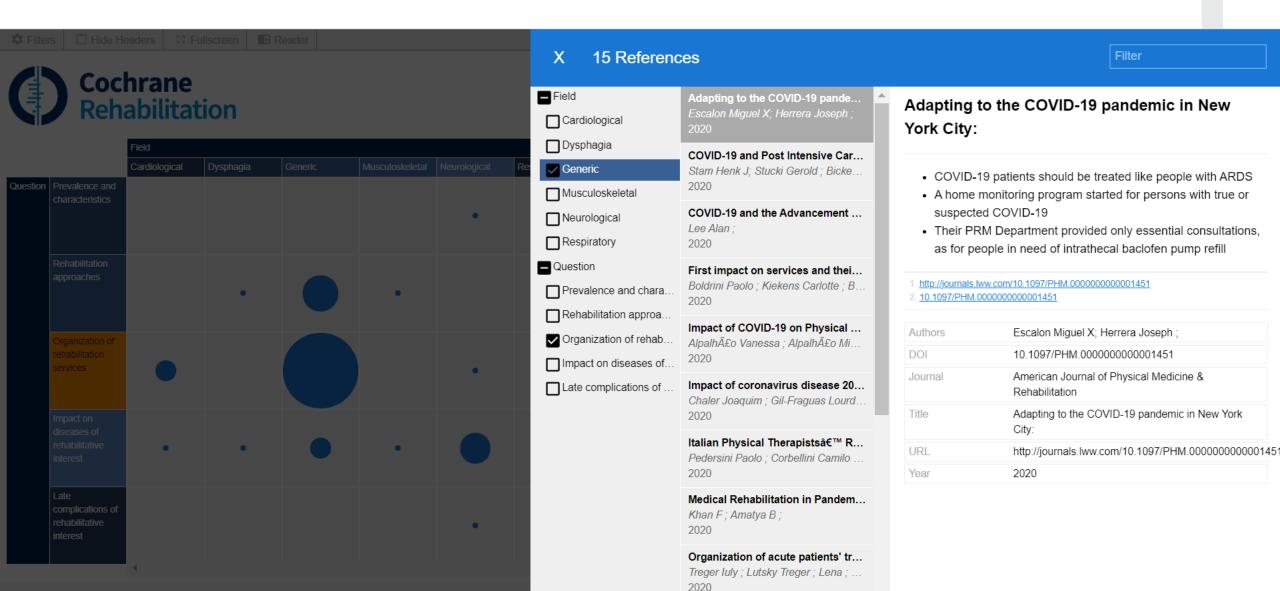
	Field					
	Cardiological	Dysphagia	Generic	Musculoskeletal	Neurological	Respiratory
Prevalence and characteristics					•	
Rehabilitation approaches						•
Organization of rehabilitation services	•		15	Studies	•	•
Impact on diseases of rehabilitative interest			•	•		•
Late complications of rehabilitative interest						
	Characteristics Rehabilitation approaches Organization of rehabilitation services Impact on diseases of rehabilitative interest Late complications of rehabilitative	Prevalence and characteristics Rehabilitation approaches Organization of rehabilitation services Impact on diseases of rehabilitative interest Late complications of rehabilitative	Prevalence and characteristics Rehabilitation approaches Organization of rehabilitation services Impact on diseases of rehabilitative interest Late complications of rehabilitative	Prevalence and characteristics Rehabilitation approaches Organization of rehabilitation services Impact on diseases of rehabilitative interest Late complications of rehabilitative	Prevalence and characteristics Rehabilitation approaches Organization of rehabilitation services Impact on diseases of rehabilitative interest Late complications of rehabilitative	Prevalence and characteristics Rehabilitation approaches Organization of rehabilitative interest Late complications of rehabilitative Cardiological Dysphagia Generic Musculoskeletal Neurological Neurological Studies 15 Studies



















Systematic rapid living review

European Journal of Physical and Rehabilitation Medicine EDIZIONI MINERVA MEDICA

ARTICLE ONLINE FIRST

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A copyedited and fully formatted version will be made available soon.

The final version may contain major or minor changes.

SYSTEMATIC RAPID LIVING REVIEW ON REHABILITATION NEEDS DUE TO COVID-19: UPDATE TO MARCH 31ST 2020

Maria Gabriella CERAVOLO, Alessandro DE SIRE, Elisa ANDRENELLI, Francesco NEGRINI, Stefano NEGRINI

European Journal of Physical and Rehabilitation Medicine 2020 Apr 22 DOI: 10.23736/S1973-9087.20.06329-7

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Systematic rapid living review on rehabilitation needs due to Covid-19: update to April 30th 2020

Alessandro DE SIRE, Elisa ANDRENELLI, Francesco NEGRINI, Stefano NEGRINI, Maria Gabriella CERAVOLO

European Journal of Physical and Rehabilitation Medicine 2020 May 15

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Article type: Systematic reviews and meta-analyses

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Living rapid systematic reviews

Edition 1 (April 2020)

Updates May and June

Edition 2 (July 2020)

Monthly updates

Edition 3 (January 2021)

Monthly updates



Cochrane Rehabilitation List of research priorities (with WHO research programme) List of research priorities (with WHO research) Cochrane Rehabilitation List of research Priorities (with WHO research)

Limitation of functioning (disability) of rehabilitation interest (LFRI)

• Impairment(s), Activity limitation(s), Participation restriction(s)

Phases

- Acute, Post-acute, Permanent, Late-onset, on a pre-existing health condition
- Epidemiology of LFRI due to Covid-19: 5 questions
- Evidence on rehabilitation for LFRI due to Covid-19
- individual level (micro-level): 4 questions
- service level (meso-level): 3 questions
- system level (macro-level): 5 questions





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- Randomized Controlled Trial Rehabilitation Checklists

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Ebook

Prioritization

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Rehabilitation definition













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