Report on the symposium: „From systematic reviews to Cochrane clinical summaries in Physical and Rehabilitation Medicine“

On the 22nd April 2018 a memorandum of understanding was signed between Cochrane Rehabilitation and Croatian Society of Physical and Rehabilitation Medicine. This mutual memorandum serves as strong basis for the future cooperation between these two institutions. As a result of it, one day symposium titled „From systematic reviews to Cochrane clinical summaries in Physical and Rehabilitation Medicine“ took place on 24th May 2019 in the Multimedia Center of the University Hospital Center Sestre Milosrdnice in Zagreb, Croatia.

The symposium gathered twenty PRM residents and PRM specialists from Croatia and Slovenia who were interested in the scientific aspects of physical and rehabilitation medicine and in future cooperation, on both national and regional level. The chairs of the symposium were Assistant Prof. Ana Poljičanin (Split, Croatia) and Assistant Prof. Frane Grubišić (Zagreb, Croatia).

After welcome speeches by Prof. Simeon Grazio (on behalf of the Croatian PRM Society) and Prof. Livia Puljak (Cochrane Croatia), a series of lectures followed covering various aspects of systematic reviews (SR’s). Assistant Prof. Frane Grubišić introduced the participants with the structure of systematic reviews highlighting the steps which lead to the production of SR’s and result interpretation. Prof. Livia Puljak had two important lectures related to GRADE approach and AMSTAR method, while Tina Poklepović Peričić, DMD, PhD introduced the PICO method through an interactive approach (questions/answers). Assistant Prof. Ana Poljičanin highlighted the importance of blogshots showing steps how to prepare them regardless of targeted population (e.g. patients, health professionals, stake holders).

The afternoon section was dedicated to the two hours workshop during which participants were divided into groups of 2-3 and had to prepare a blogshot and clinical summary based on the topic they chose. The symposium ended with a short presentation of their work.

In summary, judging by the results of the evaluation questionnaire, all participants were very much satisfied with presented topics, high level of presentations and above all they found that this symposium will help them in their future scientific work.

Ana Poljičanin, Frane Grubišić